

# SCGOV HEALTHnews

Sarasota County Health Department | Florida Department of Health [scgov.net](http://scgov.net) | 941.861.5000 | TV 19

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**MEDIA NOTE: An updated list of public flu shot clinics is included at the end of this release.**

## Get a flu shot now

If avoiding the flu is on your list of New Year's resolutions, there's still time to get a flu shot. Local public health officials say that flu season is far from over. Flu activity in Sarasota County may continue through April and May. "People who get a flu shot can expect to have immunity in about two weeks continuing throughout the flu season," said Sarasota County Health Department medical executive director Kieran Smart, M.D., M.Sc., M.P.H., M.R.C.G.P. Sarasota County Flu and Pneumonia Coalition partners: Sarasota Health Care Services, Optima Health Services, Visiting Nurses Association (VNA), and three walk-in clinics listed below are offering flu shots to the public as long as the supply lasts.

The cost of a flu shot at these clinics is \$30, cash or Medicare B. Pneumonia vaccine is available for between \$35 and \$45 depending on the provider.

### **Mondays – Fridays**

**7 a.m. to 7 p.m.**

#### **Sarasota Immediate Care**

7005 S. Tamiami Trail, Sarasota

**8 a.m. to 5 p.m.**

#### **Nokomis Walk-In clinic**

621–623 N. Tamiami Trail, Nokomis

**9 a.m. to 5 p.m.**

#### **Sarasota Family Medical Walk-In clinic**

6813 S. Tamiami Trail, Sarasota

Additional actions to protect you and others from circulating flu viruses include:

- Washing hands
- Staying home when sick
- Covering cough or sneeze with a tissue or sleeve

Please call Sarasota County Health Department's flu information line 941-861-2800 for additional public flu clinics. You can also visit the website: [www.sarasotahealth.org](http://www.sarasotahealth.org). Other sources include the Sarasota County Call Center, 941-861-5000 or United Way 2-1-1 of Manasota by dialing 211 or 941-308-HELP for daily flu shot clinic locations. Those who are hearing impaired are advised to call the Sarasota County Call Center, TDD line at (941) 861-1833.

**“more”**

**Public Flu shot clinics through early January – PAGE TWO**

**Wednesday, Dec. 5**

9 a.m. to noon

River Oaks Assisted Living Facility

925 S. River Road, Englewood, FL 35223

Provider: Visiting Nurses Association (VNA)

**Thursday, Dec. 6**

2:30 to 5:30 p.m.

Sarasota County Health Department

2200 Ringling Blvd., Sarasota 34237

Provider: Optima Health Services

**Sunday, Dec. 9**

9 to 11 a.m.

Fruitville Library **DRIVE THRU**

100 Coburn Road, Sarasota 34240

Provider: Optima Health Services

**Thursday, Dec. 13**

2:30 to 5:30 p.m.

Sarasota County Health Department

2200 Ringling Blvd., Sarasota 34237

Provider: Optima Health Services

**Wednesday, Jan. 9**

4 to 6 p.m.

Jacaranda Library

4143 Woodmere Park Blvd., Venice 34293

Provider: Sarasota Health Care

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